

FEEDING IMPACT SCALES

Directions: This questionnaire is about how your child's feeding impacts you and your family. For each statement, please answer each question with your child in mind. Check the box to show how much you agree or disagree with each statement.

	1	2	3	4	5	
Feeding Impact - Family	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Score
1. We have to plan ahead when eating somewhere other than our home.	☐	☐	☐	☐	☐	
2. Family mealtime is longer because of my child's feeding.	☐	☐	☐	☐	☐	
3. Other caregivers (grandparents, babysitters) have difficulty feeding my child.	☐	☐	☐	☐	☐	
4. The number of appointments my child has affects our family.	☐	☐	☐	☐	☐	
5. My child's feeding affects his/her siblings.	☐	☐	☐	☐	☐	
6. My child's feeding care affects my family financially.	☐	☐	☐	☐	☐	
7. There is more stress in my family because of my child's feeding.	☐	☐	☐	☐	☐	
8. Family members do not want to watch my child because of his/her feeding needs.	☐	☐	☐	☐	☐	
9. My family avoids social activities due to my child's feeding needs.	☐	☐	☐	☐	☐	
Items below are scored according to the numbers at the right:	5	4	3	2	1	
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Score
10. We can easily find a babysitter for our child.	☐	☐	☐	☐	☐	
11. My extended family understands my child's feeding needs.	☐	☐	☐	☐	☐	
12. My family enjoys eating in a restaurant.	☐	☐	☐	☐	☐	
13. Mealtime is pleasant for my family.	☐	☐	☐	☐	☐	
Total Feeding Impact - Family Score						

	1	2	3	4	5	
Feeding Impact - Parent	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Score
14. My child requires more of my effort at mealtime because of the way he/she eats than other children his/her age.	☐	☐	☐	☐	☐	
15. I feel other people do not understand my child's feeding needs.	☐	☐	☐	☐	☐	
16. I worry about how long it will take for my child's feeding to get better.	☐	☐	☐	☐	☐	
17. Feeding my child requires extra patience.	☐	☐	☐	☐	☐	
18. I have to prepare a special meal for my child because of his/her feeding needs.	☐	☐	☐	☐	☐	
19. Meeting my child's nutritional requirements is a daily concern.	☐	☐	☐	☐	☐	
20. I worry daily about my child's feeding.	☐	☐	☐	☐	☐	
21. I worry that my child's feeding affects his/her health.	☐	☐	☐	☐	☐	
22. Feeding my child takes more than 20 minutes.	☐	☐	☐	☐	☐	
23. I worry the way my child eats will affect his/her development.	☐	☐	☐	☐	☐	
24. I feel frustrated that I do not know how much my child will eat.	☐	☐	☐	☐	☐	
25. There is more stress in my life because of my child's feeding.	☐	☐	☐	☐	☐	
Total Feeding Impact - Parent Score						
If you would like to explain any of your responses, please do so here:						