

Neonatal Eating Assessment Tool - Bottle-feeding (NeoEAT-Bottle-feeding)

Directions: We are interested in learning about your baby's eating and behavior. When filling this out, think about what is typical for your baby at this time (in the past week). This version of the NeoEAT is intended for babies who have fed with a bottle in the past week.

Infant Regulation

	5	4	3	2	1	0	
My baby...	Never	Almost Never	Sometimes	Often	Almost Always	Always	Score
1. eats enough to have at least 5 wet diapers per day (24 hours).	☐	☐	☐	☐	☐	☐	
2. enjoys eating.	☐	☐	☐	☐	☐	☐	
3. is satisfied after eating.	☐	☐	☐	☐	☐	☐	
4. sucks strong enough to get milk from the bottle.	☐	☐	☐	☐	☐	☐	
5. lets me know when he/she is hungry or thirsty.	☐	☐	☐	☐	☐	☐	
6. is calm and relaxed when eating.	☐	☐	☐	☐	☐	☐	
7. opens mouth to accept the bottle.	☐	☐	☐	☐	☐	☐	
8. is easy to console when upset (for example, stops crying when held or offered a pacifier).	☐	☐	☐	☐	☐	☐	
9. roots when hungry (for example, sucks on fist, smacks lips, looks for breast/bottle)	☐	☐	☐	☐	☐	☐	
10. lets me know when he/she is done eating.	☐	☐	☐	☐	☐	☐	
11. likes to put fingers and/or toys in mouth.	☐	☐	☐	☐	☐	☐	
12. stools/poops at least once per day (24 hours).	☐	☐	☐	☐	☐	☐	
13. sleeps well lying flat on his/her back.	☐	☐	☐	☐	☐	☐	
Infant Regulation Subscale Score							

Energy & Physiologic Stability

	0	1	2	3	4	5	
My baby...	Never	Almost Never	Sometimes	Often	Almost Always	Always	Score
14. gets exhausted during eating and is not able to finish.	☐	☐	☐	☐	☐	☐	
15. breathes faster or harder when eating.	☐	☐	☐	☐	☐	☐	
16. is exhausted after eating.	☐	☐	☐	☐	☐	☐	
17. needs to rest during eating to catch his/her breath.	☐	☐	☐	☐	☐	☐	
18. can only suck a few times before needing to take a break.	☐	☐	☐	☐	☐	☐	
19. needs to be encouraged to keep eating (such as, by touching or talking).	☐	☐	☐	☐	☐	☐	
20. holds breath when eating.	☐	☐	☐	☐	☐	☐	
21. takes more than 30 minutes to eat (including rest/burping periods).	☐	☐	☐	☐	☐	☐	
22. needs help latching on to the bottle.	☐	☐	☐	☐	☐	☐	
23. wants to eat again within an hour after feeding.	☐	☐	☐	☐	☐	☐	
24. eats more than 12 times per day (24 hours).	☐	☐	☐	☐	☐	☐	
25. gulps when eating (swallows loudly).	☐	☐	☐	☐	☐	☐	
Energy & Physiologic Stability Subscale Score							

Gastrointestinal Tract Function

	0	1	2	3	4	5	
My baby...	Never	Almost Never	Sometimes	Often	Almost Always	Always	Score
26. spits up in between feedings.	☐	☐	☐	☐	☐	☐	
27. seems uncomfortable after feeding.	☐	☐	☐	☐	☐	☐	
28. throws up in between feedings.	☐	☐	☐	☐	☐	☐	
29. spits up during feeding.	☐	☐	☐	☐	☐	☐	
30. throws up during feeding.	☐	☐	☐	☐	☐	☐	

	0	1	2	3	4	5	
My baby...	Never	Almost Never	Sometimes	Often	Almost Always	Always	Score
31. is uncomfortable if laid flat after eating.	☐	☐	☐	☐	☐	☐	
32. becomes upset during feeding (whines, cries, gets fussy).	☐	☐	☐	☐	☐	☐	
33. becomes stiff/rigid during or after eating.	☐	☐	☐	☐	☐	☐	
34. chokes or coughs during eating.	☐	☐	☐	☐	☐	☐	
35. sounds gurgly or like they need to cough or clear their throat during or after eating.	☐	☐	☐	☐	☐	☐	
36. is very gassy.	☐	☐	☐	☐	☐	☐	
37. coughs or chokes on saliva/spit when not eating.	☐	☐	☐	☐	☐	☐	
38. coughs in between feedings.	☐	☐	☐	☐	☐	☐	
39. gets a bloated (big or hard) tummy after eating.	☐	☐	☐	☐	☐	☐	
40. needs to be burped more than once before the end of feeding.	☐	☐	☐	☐	☐	☐	
41. gags in between feedings when there is nothing in his/her mouth.	☐	☐	☐	☐	☐	☐	
42. turns red in face, may cry with stooling/pooping.	☐	☐	☐	☐	☐	☐	
43. arches back during or after eating.	☐	☐	☐	☐	☐	☐	
44. tilts head back during or after eating.	☐	☐	☐	☐	☐	☐	
45. drools milk out of the side of the mouth when feeding.	☐	☐	☐	☐	☐	☐	
46. gets watery eyes when eating.	☐	☐	☐	☐	☐	☐	
47. gets a stuffy nose when eating.	☐	☐	☐	☐	☐	☐	
48. gets red color around eyes or face when eating.	☐	☐	☐	☐	☐	☐	
49. sweats/gets clammy when eating.	☐	☐	☐	☐	☐	☐	
50. gets the hiccups.	☐	☐	☐	☐	☐	☐	
51. gags on the bottle nipple.	☐	☐	☐	☐	☐	☐	

52. gags on a pacifier or toys put in mouth.	☐	☐	☐	☐	☐	☐	
53. has hard stools/poop.	☐	☐	☐	☐	☐	☐	
Gastrointestinal Tract Function Subscale Score							

Sensory Responsiveness

	0	1	2	3	4	5	
My baby...	Never	Almost Never	Sometimes	Often	Almost Always	Always	Score
54. will only eat if food (milk/formula/baby food) is a certain temperature.	☐	☐	☐	☐	☐	☐	
55. will only take the bottle from specific people (such as, by mom).	☐	☐	☐	☐	☐	☐	
56. will only eat from a specific kind of bottle/nipple.	☐	☐	☐	☐	☐	☐	
57. will only eat if fed in a certain way (for example, in a certain chair, or held upright).	☐	☐	☐	☐	☐	☐	
58. needs a calm environment during feeding.	☐	☐	☐	☐	☐	☐	
59. eats best when very sleepy or asleep.	☐	☐	☐	☐	☐	☐	
60. refuses the bottle before having eaten enough (such as, turns head, pushes bottle away, pushes nipple out of mouth with tongue).	☐	☐	☐	☐	☐	☐	
Sensory Responsiveness Subscale Score							

Compelling Symptoms of Problematic Feeding

	0	1	2	3	4	5	
My baby...	Never	Almost Never	Sometimes	Often	Almost Always	Always	Score
61. needs tube feedings.	☐	☐	☐	☐	☐	☐	
62. gets pale or blue color around lips when eating.	☐	☐	☐	☐	☐	☐	
63. has blood or mucous in stool/poop.	☐	☐	☐	☐	☐	☐	
64. has milk come out of nose when eating.	☐	☐	☐	☐	☐	☐	
Compelling Symptoms of Problematic Feeding Subscale Score							
If you would like to explain any of your answers or provide more information, please do so here:							